



Esperanza Area of Narcotics Anonymous Newsletter

Jan. 2021 - Issue 2.1

"You're in the right place. You're among friends. You belong. Welcome!"

EDITOR'S NOTE ~ by Ashley T

Welcome to 2021 and the first edition of EANA Online Newsletter of 2021. It has been a pleasure so far working with everyone to make this happen. Those changes we have made and the impact we all have on the Recovery Community in San Antonio (and surroundings areas) is amazing and a blessing. Every part each of us play is just one part of the gear to make the wheels turn. Without one we would fall apart. I am humble to the fact that I am a part of that.

2021 brings new possibilities, struggles, joys, growth all at the same time. Together we can make it through! Enjoy the little things, and one of them being this Newsletter. The purpose of Freeway is to 'build NA unity through communication.' Keeping with our First Tradition personal recovery is made more available and our Fifth Tradition, our primary purpose is to carry the message to the addict who still suffers.

It is an honor and a privilege to serve as EANA's Newsletter Chair. Service is just ONE of the many reasons that keep me clean and being able to share Experience, Strength & Hope with others! In recovery we have JUST FOR TODAY, adjust, adapt and move forward. The circumstances have and will change NA as a whole, as we know it. Yes restrictions are in place, but new opportunities arise. We will prevail and rise above! I {and wish you, the reader, will as well} welcome to journey ahead...Freeway.

Sub-Committee Spotlight

Public Information- PublicInfo@eanaonline.org: This subcommittee deals with how NA interfaces with society (media, etc.)

Internet Technology-Webservant@eanaonline.org: This subcommittee is entrusted to create, manage, maintain and review any and all internet information technologies related to the Area.



ANOTHER LOOK - from other NA Publications

The full fruit of a labor of love FROM - The NAWAY Magazine

She sponsored 13 other women, and we decided to have one of our beloved video calls that our sponsor fought so hard for us to have. We discussed our feelings and thoughts surrounding all of this, and we were there for each other. All of the work she did for us to feel connected and supported came together that day. We may not have had her, but we had each other. On that call we asked each other if we knew why she might still be holding on, if there was anyone she might be waiting to see. None of us could think of why she was still hanging on. We ended that call at 4:19 pm and she passed at 4:20. I believe she was holding on to make sure we were going to be okay, that she was waiting until we got together. For you see, "The full fruit of a labor of love lives in the harvest, and that always comes in its right season..." It had become the right season, and the seeds she had planted just blossomed into the ripest fruit.

Today marks 55 days since she has been gone, and I am surviving. I have asked another woman to sponsor me because I refuse to let this disease isolate me and keep me stuck sponsorless. Not a day goes by that my sisters and I don't talk, and while I may have lost my sponsor, I gained a network second to none. I have been reaching out to so many wonderful people for support. This was the most difficult pain I have had to endure in my recovery. The sadness is sometimes overwhelming, and I miss my sponsor. I miss picking up the phone and chatting. I miss seeing her smile. But I know without a shadow of doubt, if I had to do it all over again, I would still choose her.

D'Lanor H, Massachusetts, USA



SHARING HOPE - straight from your voices

A Look into the Steps through his eyes ~By Luis R.
 The process of the steps have not given me a relationship with God or any deity, it's allowed me to want to seek a relationship with God as I understand Him. Each step has its own awakening. The 1st step I make peace with my addiction & addiction can be a pathological relationship with something or someone that's not conducive to my well-being. The 2nd step I cultivate a new belief system as I gain hope from others. The principle of hope awakens me to the possibilities that I can gain freedom from my insane behavior, as I watch others in the rooms gain freedom. The 3rd step a leap to faith, as I look within and differentiate what is self-will & Gods will. I always revisit this step when I'm peeking around the corner and want to control outcomes. I gain a new found belief in something bigger than me which I can turn to. I don't have to be religious, all I have to do is open the door within & see the world with spiritual eyesight. The 4th & 5th steps I uncover the negative aspects of my conduct. The resentments which twist my perception of me, others & the world. I uncover how my security & safety was in jeopardy. How my ego kept me from letting go of what I perceived. Gradually I got myself off the hook. My pride wants to replay what was done to me. I resented myself more & that was evident in how I treated myself. The useless patterns that kept holding me down was also easy to sort out. Relationship inventory & lack of intimacy with others & walls of mistrust driven by my thousand forms of fears; My Self-centered & self-seeking attitude which isolates me from others & what they were rooted in. Secrets which I've been able to be honest about have a sponsor who I completely trust with my examination of myself is an awakening of discovery. Assets are also included which allows me to embrace the part of me that tells me I'm not worthy.
 The 6-7th steps I become aware of my faulty belief system, I become willing to let go of areas of my life & don't work in my favor. My spiritual aim is to live by my values & principles that are recovery oriented goals. When I wonder of course I ask God as I understand this entity to help me. Humility is essential which the opposite of my ego driven personality is.
 The 8-9 th step clear the debris & make right the wrong. The amends process is constant, as I think less of me & more of others. I treat myself & others with compassion & amend my behavior towards humanity. The 10-12th step, I continue my spiritual path & stay mindful of anything that impedes my spiritual development. A spiritual awakening is manifested in how I live. Though all this I've nourishes an intimate connection with a power I was uncertain of but I appreciate in my life. Mercy & grace is something I don't minimize. We all have a different concept of this program. The more I accept myself and whatever is happening I'm at a place of surrender. Surrender comes from old French word meaning return. Sur prefix for above, that's simply means return to God. I came to this fellowship not sure it would work for me. The members you guys lifted me up insisting I could recover. The program helped me to demolish the phony me.
 From an agnostic to a member who learned to rely on God's grace.
 A hopeless dope fiend to a dope less hope fiend



In Memoriam:
 Of the Addicts who
 are no longer
 with us

Sub-Committee Spotlight cont...
 Newsletter-newsletter@eanaonline.org: This subcommittee is responsible for producing a quarterly online newsletter.

THE GIFT OF RECOVERY

EL PACHUCO

WHATS GOIN' ON ~ events round you

Area Events:

- Activities Valentines Event- Feb. 13th @ARP
- Frolic 2021 - Oct.1st-3rd
- EACNAVII - 2022

Region Events:

TBRCNA: Postponed

Multi-Zonal Service Symposium of Narcotics

Anonymous
 Aug. 27th- 29th 2021



World Links:

- World Service Conference
- World Virtual Meetings

NA Lit:

- NEW Mental Health IP Project
- Mental Health IP DRAFT

Please {for the April. Edition} submit Birthday Celebration events only, special events, meetings in need etc. to newsletter@eanaonline.org or Attn. Newsletter, 2186 Jackson Keller #335, SA TX 78213. Visit us online at eanaonline.org